

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 August 2026						10:00 Chair Aerobics 11:00 The Secret World of Sound: Ep 1 (Netflix) 2:30 Matinee 4:45 Mass at St. Aloysius 7:30 Evening Movie
10:00 St. Mark's Episcopal Livestream Service 2:30 Afternoon Matinee 4:00 Resident Gaming Hour 7:15 Evening Movie	10:00 Exercise & Balance 11:00 Refreshments at the Gazebo 2:00 Scattergories 3:00 The Volcano (Netflix) 4:00 Rummikub Hour 7:30 Evening Movie	10:00 Movin' to Music 11:00 Headbandz: Who am I? 2:00 Studio Art with John 3:00 Learn and Play Poker 4:30 Resident Gaming Hour 7:30 Evening Movie	10:00 Yoga 10:45 Mexican Train Dominoes 11:30 Resident Meeting 1:15 Costume Exhibit at Historical Society 3:00 Tea with a Twist 4:00 Resident Gaming Hour 7:30 Evening Movie	10:00 Strength & Stretch 10:45 Good News in 2026 11:30 Guided Meditation 2:30 Learn and Play Bridge 3:30 Laughter Therapy 4:30 Sequence Gaming Hour 7:30 Evening Movie	9:30 Communion 10:00 Tai Chi with Pat 11:00 Resident Current Events: Peace 2:30 Let's Talk with Flannery: The Brother's Grim 4:00 Resident Gaming Hour 5:00 Happy Hour 7:30 Evening Movie	10:00 Chair Aerobics 11:00 The Secret World of Sound: Ep 2 (Netflix) 2:30 Matinee 4:45 Mass at St. Aloysius 7:30 Evening Movie
10:00 St. Mark's Episcopal Livestream Service 2:30 Afternoon Matinee 4:00 Resident Gaming Hour 7:15 Evening Movie	10:00 Exercise & Balance 11:00 Musical Monday 2:30 Blood Pressure Checks 3:00 Waveny Wellness Talk 4:00 Rummikub Hour 7:30 Evening Movie	10:00 Movin' to Music 11:00 Inn-Notes Singers 12:00 Lunch Bunch: Oak + Almond 3:00 Learn and Play Poker 4:30 Resident Gaming Hour 7:30 Evening Movie	10:00 Yoga 10:45 Mass with Father Franklin 11:30 Resident Meeting 1:30 Walking Club 2:00 A Game of 65 3:00 Tea with a Twist 4:00 Resident Gaming Hour 7:30 Evening Movie	10:00 Strength & Stretch 10:30 Frances the Pup 11:30 Guided Meditation 2:00 Outdoor Bocce 3:00 Brian Hollstein: Yellowstone Summer & Winter 4:30 Sequence Gaming Hour 7:30 Evening Movie	9:30 Communion 10:00 Tai Chi with Pat 11:00 Resident Current Events: Medicine pt 2 3:00 Patty Holton/Artist 4:00 Resident Gaming Hour 5:00 Happy Hour 7:30 Evening Movie	10:00 Chair Aerobics 11:00 The Secret World of Sound: Ep 3 (Netflix) 2:30 Matinee 4:45 Mass at St. Aloysius 7:30 Evening Movie
10:00 St. Mark's Episcopal Livestream Service 2:30 Afternoon Matinee 4:00 Resident Gaming Hour 7:15 Evening Movie	10:00 Exercise & Balance 11:00 Marc Wollin - Istanbul 2:00 Sunflower at Sunset Painting 3:00 Written Word 4:00 Rummikub Hour 7:30 Evening Movie	10:00 Movin' to Music 11:00 Inn-Notes Singers 1:30 Legos with Ethan 3:00 Music Therapy with Marla 4:30 Resident Gaming Hour 7:30 Evening Movie	10:00 Yoga 10:30 Book Club 11:30 Resident Meeting 1:30 Walking Club 2:00 Travelogue: Everglades 3:00 Tea with a Twist 4:00 Resident Gaming Hour 7:30 Evening Movie	10:00 Strength & Stretch 10:45 Sunflowers & Armadillos 11:30 Guided Meditation 2:30 Family Feud 4:30 Sequence Gaming Hour 7:30 Evening Movie	9:30 Communion 10:00 Tai Chi with Pat 11:00 Resident Current Events: Education 3:00 Joe Utterback Piano Performance 4:00 Resident Gaming Hour 5:00 Happy Hour 7:30 Evening Movie	10:00 Chair Aerobics 11:00 The Elephant Whisperers (Netflix) 2:30 Matinee 4:45 Mass at St. Aloysius 7:30 Evening Movie
10:00 St. Mark's Episcopal Livestream Service 2:30 Afternoon Matinee 4:00 Resident Gaming Hour 7:15 Evening Movie	10:00 Exercise & Balance 11:00 Non-Denominational Prayer/Meditation w/Daniel 2:00 Play Nine 3:00 Written Word 4:00 Rummikub Hour 7:30 Evening Movie	10:00 Movin' to Music 11:00 Inn-Notes Singers 12:00 Birthday Lunch 2:00 Studio Art with John 3:00 Learn and Play Poker 4:30 Resident Gaming Hour 7:30 Evening Movie	10:00 Yoga 11:30 Resident Meeting 12:00 Luau Party 1:30 Walking Club 2 - 4 Library Techs 3:00 Tea with a Twist 4:00 Resident Gaming Hour 7:30 Evening Movie	10:00 Strength & Stretch 10:30 Frances the Pup 11:30 Guided Meditation 2:30 Learn and Play Bridge 3:30 Kathy Collins/Lapham Community Center 4:30 Sequence Hour 7:30 Evening Movie	9:30 Communion 10:00 Tai Chi with Pat 11:00 Resident Current Events: Resident Choice 3:00 History of the Inn 4:00 Resident Gaming Hour 5:00 Happy Hour 7:30 Evening Movie	10:00 Chair Aerobics 11:00 A Life on Our Planet (Netflix) 2:30 Matinee 4:45 Mass at St. Aloysius 7:30 Evening Movie
10:00 St. Mark's Episcopal Livestream Service 2:30 Afternoon Matinee 4:00 Resident Gaming Hour 7:15 Evening Movie	10:00 Exercise & Balance 11:00 Refreshments at the Gazebo 3:00 Written Word 4:00 Rummikub Hour 7:30 Evening Movie	  The Inn at Waveny				