

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			10:00 Yoga 1 10:45 Play Reading 11:30 Resident Meeting 1:30 Walking Club 2:00 Is It From Canada or the US 3:00 Tea with a Twist 4:00 Resident Gaming Hour 7:30 Evening Movie Canada Day	10:00 Strength & Stretch 2 10:45 Ted Talks Discussion 11:30 Guided Meditation 2:30 Outdoor Bocce 3:30 Art Gottlieb Speaks on The Constitution 4:30 Sequence Gaming Hour 7:30 Evening Movie	9:30 Communion 3 10:00 Tai Chi with Pat 11:00 Resident Current Events: Resident Choice 3:00 7/4 Trivia & Fun Facts 4:00 Resident Gaming Hour 5:00 Happy Hour 7:30 Evening Movie	10:00 Chair Aerobics 4 11:00 America: Our Defining Hours Ep. 1 (Netflix) 12:00 Cook-Out! 2:30 Matinee 4:45 Mass at St. Aloysius 7:30 Evening Movie Independence Day (U.S.)
10:00 St. Mark's Episcopal Livestream Service 5 2:30 Afternoon Matinee 4:00 Resident Gaming Hour 7:15 Evening Movie	10:00 Exercise & Balance 6 11:00 Speaker, Waveny Park Conservancy 2:00 Crossword Club 3:00 Written Word 4:00 Rummikub Hour 7:30 Evening Movie	10:00 Movin to Music 7 11:00 Inn-Notes Singers 1:15 Costume Exhibit at Historical Society 2:00 Studio Art with John 3:30 Pictionary 4:00 Resident Gaming Hour 7:30 Evening Movie	10:00 Yoga 8 10:45 Mass with Father Franklin 11:30 Resident Meeting 1:30 Walking Club 2:00 A Game of 65 3:00 Tea with a Twist 4:00 Resident Gaming Hour 7:30 Evening Movie	10:00 Strength & Stretch 9 10:30 Frances the Pup 11:30 Guided Meditation 2:00 Ice Cream Social 3:30 Joe Utterback Piano Performance 4:30 Sequence Gaming Hour 7:30 Evening Movie	9:30 Communion 10 10:00 Tai Chi with Pat 11:00 Resident Current Events: America 250 2:00 Library Techs 3:00 Unsung Heroes of WWII Great Course DVD lecture 4:00 Resident Gaming Hour 5:00 Happy Hour 7:30 Evening Movie	10:00 Chair Aerobics 11 11:00 America: Our Defining Hours Ep. 2 (Netflix) 2:30 Matinee 4:45 Mass at St. Aloysius 7:30 Evening Movie
10:00 St. Mark's Episcopal Livestream Service 12 2:30 Afternoon Matinee 4:00 Resident Gaming Hour 7:15 Evening Movie	10:00 Exercise & Balance 13 11:00 Musical Monday 2:30 Blood Pressure with Christine Burns, RN 3:00 Wellness Talk with Christine Burns, RN 4:00 Rummikub Hour 7:30 Evening Movie	10:00 Movin to Music 14 11:00 Inn-Notes Singers 2:00 Studio Art with John 3:00 Learn and Play Poker 4:30 Resident Gaming Hour 7:30 Evening Movie Bastille Day	10:00 Yoga 15 10:30 Book Club 11:30 Resident Meeting 1:30 Walking Club 2:00 Watercolor Wednesday 3:00 Tea with a Twist 4:00 Resident Gaming Hour 7:30 Evening Movie	10:00 Strength & Stretch 16 10:45 Ted Talks Discussion 11:30 Guided Meditation 12:00 Lunch Bunch: Sunset Grille 3:00 Jazz Performance with Gabriel 4:00 Sequence Gaming Hour 7:30 Evening Movie	9:30 Communion 17 10:00 Tai Chi with Pat 11:00 Resident Current Events: Medicine 3:00 Unsung Heroes of WWII Great Course DVD Lecture 4:00 Resident Gaming Hour 5:00 Happy Hour 7:30 Evening Movie	10:00 Chair Aerobics 18 11:00 America: Our Defining Hours Ep. 3 (Netflix) 2:30 Matinee 4:45 Mass at St. Aloysius 7:30 Evening Movie
10:00 St. Mark's Episcopal Livestream Service 19 2:30 Afternoon Matinee 4:00 Resident Gaming Hour 7:15 Evening Movie	10:00 Exercise & Balance 20 2:00 Sequence Hour 3:00 Written Word 4:00 Rummikub Hour 7:30 Evening Movie	10:00 Movin to Music 21 11:00 Inn-Notes Singers 2:00 Studio Art with John 3:00 Music Therapy with Marla 4:00 Resident Gaming Hour 7:30 Evening Movie	10:00 Yoga 22 10:30 Scattergories 11:30 Resident Meeting 1:30 Walking Club 2:00 13 Original Colonies 3:00 Tea with a Twist 4:00 Resident Gaming Hour 7:30 Evening Movie	10:00 Strength & Stretch 23 10:30 Frances the Pup 11:30 Guided Meditation 2:30 Short Story: Longfellow 3:30 Let's Talk with Flannery: American Symbols 4:30 Sequence Hour 7:30 Evening Movie	9:30 Communion 24 10:00 Tai Chi with Pat 11:00 Resident Current Events: Religions Around The World 3:00 Unsung Heroes of WWII Great Course DVD Lecture 4:00 Resident Gaming Hour 5:00 Happy Hour 7:30 Evening Movie	10:00 Chair Aerobics 25 11:00 Marty: Life is Short (Netflix) 1:30 Legos with Ethan 2:30 Matinee 4:45 Mass at St. Aloysius 7:30 Evening Movie
10:00 St. Mark's Episcopal Livestream Service 26 2:30 Afternoon Matinee 4:00 Resident Gaming Hour 7:15 Evening Movie	10:00 Exercise & Balance 27 11:00 Non-Denominational Prayer/Meditation w/Daniel 2:00 Play Nine 3:00 Written Word 4:00 Rummikub Hour 7:30 Evening Movie	10:00 Movin to Music 28 11:00 Inn-Notes Singers 12:00 Birthday Lunch 2:00 Studio Art with John 3:00 Learn and Play Poker 4:30 Resident Gaming Hour 7:30 Evening Movie	10:00 Yoga 29 10:45 Pipe Cleaner Flowers 11:30 Resident Meeting 1:30 Walking Club 2:00 A Game of 65 3:00 Tea with a Twist 4:00 Resident Gaming Hour 7:30 Evening Movie	10:00 Strength & Stretch 30 10:45 Pokeno 11:30 Guided Meditation 3:00 100 years of American Icons 4:00 Sequence Gaming Hour 7:30 Evening Movie	9:30 Communion 31 10:00 Tai Chi with Pat 11:00 Resident Current Events: Resident Choice 3:00 Inn Thespians 4:00 Resident Gaming Hour 5:00 Happy Hour 7:30 Evening Movie	