

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>1</b></p> <p>10:00 Communion Service 10:30 Morning Exercise 11:00 Fun Facts about March 2:00 March Trivia 3:00 Hand Massages &amp; Nail Care</p>	<p><b>2</b></p> <p><u>Purim Begins</u></p> <p>10:00 Main St. Walking Club 10:30 Tai Chi 11:15 Family Feud 2:00 Art As Therapy 2:30 Music with Mark Z. 3:30 Arts &amp; Crafts</p> <p>Purim Begins</p>	<p><b>3</b></p> <p>10:00 Greetings &amp; News 10:30 Exercise with Kevin 10:30 Sensory Enhancement Group 11:00 Pictionary 2:00 Purim Program 3:00 1:1 Music Therapy with Marla 4:00 Dominoes</p>	<p><b>4</b></p> <p>9:45 Claire's Coffee Klatch 10:30 Exercise with Allia 11:15 Catholic Mass with Father David 2:30 Horticulture Therapy 3:00 Musical Hangman 4:00 March Detective</p>	<p><b>5</b></p> <p>10:15 Dance Yoga 11:15 Music Discovery 11:15 March Categories 2:00 Bowling with Star 2:00 Let's Talk Science 3:15 Music Therapy Group with Matt 4:15 America's Got Talent 4:15 Music Therapy with Marla on the 1<sup>st</sup> floor</p>	<p><b>6</b></p> <p>10:00 Morning Update 10:30 Chair Exercise 10:30 Drama Club 11:00 Amazing Accomplishments by Women 1:30 Shabbat 2:30 Women's History Bingo 3:30 Movie Time-Hidden</p>	<p><b>7</b></p> <p>10:30 Exercise Group 11:00 Main St Live with Bob Forte 2:00 Horserace Game 3:00 Spelling Bee</p>
<p><b>8</b></p> <p><u>Daylight Savings Begins</u></p> <p>10:00 Communion Service 10:30 Morning Exercise 11:00 Daylight Savings Time Talk 1:45 Music with Jon Tench 3:00 Women In History Bingo</p> <p>Daylight Saving Time Begins</p>	<p><b>9</b></p> <p>10:00 Main St. Walking Club 10:30 Tai Chi 11:15 Who, What, Where 2:00 Finish The Sports Phrase 2:00 Art As Therapy 3:00 Bingo 4:00 Classical Music Lecture &amp; Recital</p>	<p><b>10</b></p> <p>10:00 Greetings &amp; News 10:30 Exercise with Marla 10:30 Sensory Enhancement Group 11:00 Name 5 1:45 Taco Tuesday 2:30 Music with Lizzie 4:00 Music Therapy with Marla on 2<sup>nd</sup> floor 4:00 Reader's Theater</p>	<p><b>11</b></p> <p>9:45 Claire's Coffee Klatch 10:30 Exercise with Allia 11:15 Worship Service 2:00 Guess That TV Song 3:00 Games &amp; Refreshments with Darien Community Fund 7<sup>th</sup> &amp; 8<sup>th</sup> Graders</p>	<p><b>12</b></p> <p>10:15 Dance Yoga 11:15 Music Discovery 11:15 Word in a Word 2:00 Basketball with Star 2:00 Let's Talk Science 3:15 Music Therapy Group with Matt 4:15 Music Therapy with Marla on the 2<sup>nd</sup> floor 4:15 Becky's Music on the 1<sup>st</sup> floor</p>	<p><b>13</b></p> <p>10:00 Morning Update 10:30 Chair Exercise 10:30 Drama Club 11:00 Name That Tune 2:15 Anam Cara Irish Dancers 3:00 Chatter's Corner 4:00 Making Hats</p>	<p><b>14</b></p> <p><u>Pi Day</u></p> <p>10:30 Exercise Group 11:00 Main St Live with Bob Forte 2:00 Baking Pie 3:00 Pi Day Tea Social</p>
<p><b>15</b></p> <p>10:00 Communion Service 10:30 Morning Exercise 11:00 Main St. Live with John &amp; Dawn 1:30 Town Brass Band 2:00 Springtime Discussion 3:00 Aroma Therapy &amp; Relaxation</p>	<p><b>16</b></p> <p>10:00 Main St. Walking Club 10:30 Tai Chi 11:00 St. Patrick's Day Hangman 11:30 Bagpipes with Brenda 2:00 Baking Irish Soda Bread 2:00 Art As Therapy 3:30 Sedgewick Duo Irish Show 4:00 Irish Humor</p>	<p><b>17</b></p> <p>10:00 Greetings &amp; News 10:30 Exercise with Marla 10:30 Sensory Enhancement Group 11:00 Truth or Blarney 2:00 St. Paddy's Day Social 3:00 St. Paddy's Day Craft with St. A's children 3:00 1:1 Music Therapy with Marla 4:00 Irish Rhyme Time</p> <p>St. Patrick's Day</p>	<p><b>18</b></p> <p>9:45 Claire's Coffee Klatch 10:30 Exercise with Allia 11:15 Worship Service 2:30 Main St Live with Steve Avitabile 3:30 Finish the Line 4:00 Blackjack</p>	<p><b>19</b></p> <p>10:15 Dance Yoga 11:15 Music Discovery 11:15 Word in a Word 2:00 March Madness with Star Volunteers 2:00 Let's Talk Science 3:15 Music Therapy Group with Matt 4:15 Classic Clips on 2<sup>nd</sup> floor 4:15 Music Therapy with Marla on 1<sup>st</sup> floor</p>	<p><b>20</b></p> <p><u>Spring Begins</u></p> <p>10:00 Morning Update 10:30 Chair Exercise 10:30 Drama Club 11:00 Springtime Secret Secret Message 2:30 Music with Wendy May 3:30 Springtime Categories 4:00 Spring Poems</p> <p>Spring Begins</p>	<p><b>21</b></p> <p>10:30 Exercise Group 11:00 Main St Live with Bob Forte 1:30 Catholic Mass on the 2<sup>nd</sup> floor 2:30 5 Clues: What Tool Is It? 3:00 Shooting Baskets</p>
<p><b>22</b></p> <p>10:00 Communion Service 10:30 Morning Exercise 11:00 Springtime Reminisce 2:00 Volleyball 3:00 Tabletop Games</p>	<p><b>23</b></p> <p>10:00 Main St. Walking Club 10:30 Tai Chi 11:15 Bingo 2:00 Art As Therapy 2:30 Slide Show &amp; Lecture with Michael T. 4:00 Wii Sports</p>	<p><b>24</b></p> <p>10:00 Greetings &amp; News 10:30 Exercise with Meg 10:30 Sensory enhancement Group 11:00 March Madness Trivia 1:45 Music with Jon Tench 3:00 1:1 Music Therapy with Marla 4:00 Waveny Café</p>	<p><b>25</b></p> <p><u>Baseball Opening Day</u></p> <p>9:45 Claire's Coffee Klatch 10:30 Exercise with Allia 11:15 Worship Service 2:00 Musical Simon Says 3:00 Bases Loaded with Laughs 4:00 Resident Council</p>	<p><b>26</b></p> <p>10:15 Dance Yoga 11:15 Music Discovery 11:15 March Trivia &amp; Jokes 2:00 Volleyball with Star 2:00 Let's Talk Science 3:15 Music Therapy with Marla on Main St. 4:15 Scotties Love Songs on 1<sup>st</sup> floor 4:15 Music Therapy with Marla on the 2<sup>nd</sup> floor</p>	<p><b>27</b></p> <p>10:00 Morning Update 10:30 Chair Exercise 10:30 Drama Club 11:00 March Jeopardy 2:00 Main St Live with Warren Bloom 3:00 Unscramble the Word 4:00 Funny Animal Clips</p>	<p><b>28</b></p> <p>10:30 Exercise Group 11:00 Main St Live with Bob Forte 2:00 Bingo 3:00 Bowling</p>
<p><b>29</b></p> <p><u>Palm Sunday</u></p> <p>10:00 Communion Service 10:30 Morning Exercise 11:00 Main St. Live with John &amp; Dawn 2:00 March Detective 3:00 Adult Coloring</p> <p>Palm Sunday</p>	<p><b>30</b></p> <p>10:00 Main St. Walking Club 10:30 Tai Chi 11:15 Ducking Fate 2:00 Chatter's Corner 2:00 Art As Therapy 3:00 March Milkshakes 4:00 Making Bracelets</p>	<p><b>31</b></p> <p>10:00 Greetings &amp; News 10:30 Exercise with Olivia 10:30 Sensory Enhancement Group 11:00 March Hangman 2:00 My Fair Lady Trivia 3:30 March Birthday Party with Michael Rinadli 4:30 Name that Tune</p>	<p>The Village at Waveny LifeCare Network</p> <p><b>March 2026</b></p> <p>Therapeutic Recreation Choices</p> 			

\*\*\*Programs & Times are subject to change\*\*\*