

THE VILLAGE
AT WAVENY LIFECARE NETWORK
SUNDAY, MARCH 9, 2025

DAYLIGHT SAVINGS TIME GIVES US THE OPPORTUNITY TO ENJOY SUNNY SUMMER EVENINGS BY MOVING OUR CLOCKS FORWARD AN HOUR IN THE SPRING. IT'S BEEN FRAUGHT WITH CONTROVERSY SINCE BENJAMIN FRANKLIN CONCEIVED THE IDEA.



EMMY AWARD WINNING ACTOR, CARL BETZ WAS BORN ON THIS DAY IN 1921; LOVE OF LIFE, THE DONNA REED SHOW & JUDD, FOR THE DEFENCE

10:00 AM

COMMUNION SERVICE

10:30 AM

EXERCISE

11:00 AM

DAYLIGHT SAVINGS TIME TALK

12:15 PM

LUNCH

1:45 PM



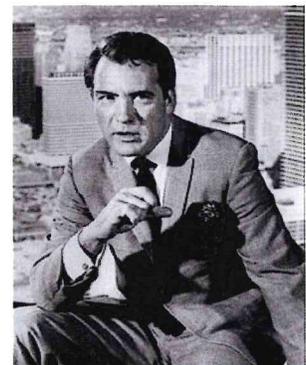
WITH JON TENCH

3:00 PM

WOMEN IN HISTORY BINGO

5:30 PM

DINNERTIME



PROGRAMS & TIMES SUBJECT TO CHANGE

THE VILLAGE
AT WAVENY LIFECARE NETWORK
MONDAY, MARCH 9, 2026



ACADEMY AWARD WINNING ACTRESS, JULIETTE BINOCHÉ, WAS BORN ON THIS DAY IN 1964; THE UNBEARABLE LIGHTNESS OF BEING, CHOCOLAT, THE ENGLISH PATIENT, A FEW DAYS IN SEPTEMBER & ANOTHER WOMEN'S LIFE

10:00 AM

MAIN ST WALKING CLUB

10:30 AM

TAI CHI
WITH ALMA

11:15 AM

WHO, WHAT, WHERE?

12:15 PM

LUNCH

2:00 PM

FINISH THE SPORTS PHRASE

2:00 PM

ART AS THERAPY
WITH JOHN

3:00 PM

BINGO

4:00 PM

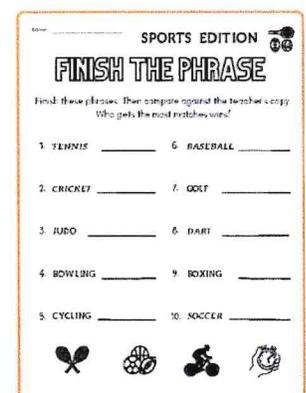
CLASSICAL MUSIC LECTURE & RECITAL

5:30 PM

DINNERTIME



TAI CHI EXERCISES



PROGRAMS & TIMES SUBJECT TO CHANGE

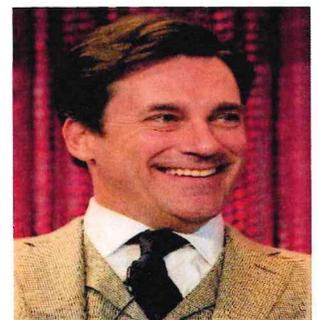
THE VILLAGE
AT WAVENY LIFECARE NETWORK
TUESDAY, MARCH 10, 2026



EMMY & GOLDEN GLOBE AWARD WINNING ACTRESS, SHARON STONE WAS BORN ON THIS DAY IN 1958; STARDUST MEMORIES, IRRECONCILABLE DIFFERENCES, BASIC INSTINCT, TOTAL RECALL & CASINO

EMMY & GOLDEN GLOBE AWARD WINNING ACTOR, JOHN HAMM, WAS BORN ON THIS DAY IN 1971; MAD MEN, THE DAY THE EARTH STOOD STILL, STOLEN, THE MILLION DOLLAR ARM, BEIRUT & THE TOWN

- 10:00 AM GREETINGS & NEWS
- 10:30 AM EXERCISE WITH MARLA
- 10:30 AM SENSORY ENHANCEMENT GROUP
- 11:00 AM *NAME 5*
- 12:15 PM LUNCH
- 1:45 PM TACO TUESDAY
- 2:30 PM *MUSIC WITH LIZZIE*
- 4:00 PM 1:1 MUSIC THERAPY WITH MARLA
ON THE 2ND FLOOR
- 4:00 PM **READER'S THEATER**
- 5:30 PM DINNERTIME



PROGRAMS & TIMES SUBJECT TO CHANGE

THE VILLAGE
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WEDNESDAY, MARCH 11, 2026



ACTRESS, VALERIE FRENCH WAS BORN ON THIS DAY
IN 1928; THE CONSTANT HUSBAND, JUBAL, THE
SECRET OF TREASURE MOUNTAIN, THE SECRET AT
SUNDOWN & THE HARD MAN

TV NEWSMAN, SAM DONALDSON WAS BORN ON THIS
DAY IN 1934; ABC WHITE HOUSE CORRESPONDENT &
HOST, PRIMETIME LIVE

CLAIRE'S COFFEE KLATCH

9:45 AM

10:30 AM

EXERCISE WITH ALLIA

11:15 AM

WORSHIP SERVICE

WITH REV. GILBERT BURGESS

12:15 PM

LUNCH

2:00 PM

GUESS THAT TV SONG

3:00 PM

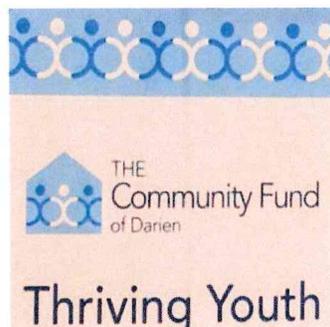
GAMES & REFRESHMENTS

WITH 7TH & 8TH GRADERS FROM

DARIEN COMMUNITY FUND

5:30 PM

DINNERTIME



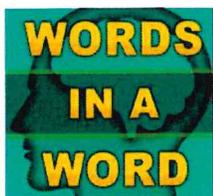
PROGRAMS & TIMES SUBJECT TO CHANGE

THE VILLAGE
AT WAVENY LIFECARE NETWORK
THURSDAY, MARCH 12, 2026



EMMY, GRAMMY, OCSAR & TONY AWARD WINNING
ACTRESS, CHOREOGRAPHER, DANCER & SINGER, LIZA
MINELLI WAS BORN ON THIS DAY IN 1946;
FLORA, THE RED MENACE, CABARET, THE STERILE
CUCKOO, ARTHUR, THE RINK & STEPPING OUT

9:45 AM	MORNING GREETING
10:15 AM	DANCE YOGA WITH LETTY
11:15 AM	WORD IN A WORD
12:15 PM	LUNCH
2:00 PM	BASKETBALL WITH STAR VOLUNTEERS
2:00 PM	LET'S TALK SCIENCE WITH JOHN
3:15 PM	MUSIC THERAPY GROUP WITH MATT
4:15 PM	MUSIC THERAPY WITH MARLA ON THE 2 ND FLOOR
4:15 PM	BECKY'S MUSIC ON THE 1 ST FLOOR
5:30 PM	DINNERTIME



PROGRAMS & TIME SUBJECT TO CHANGE

THE VILLAGE
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FRIDAY, MARCH 13, 2026



ACTOR, PETER BRECK WAS BORN ON THIS DAY IN 1929;
BENJI, HIGHWAY 61, SHOCK CORRIDOR & THE BIG
VALLEY

SINGER / SONGWRITER, NEIL SEDAKA WAS BORN ON
THIS DAY IN 1939; OH! CAROL, CALENDAR GIRL, BREAKING
UP IS HARD TO DO & LAUGHTER IN THE RAIN

10:00 AM

MORNING UPDATE

10:30 AM

GROUP EXERCISE

10:30 AM

DRAMA GROUP
WITH JOHN

11:00 AM

NAME THAT TUNE

12:15 PM

LUNCH

2:15 PM

ANAM CARA IRISH DANCERS'
PERFORMANCE

3:00 PM

CHATTER'S CORNER

4:00 PM

MAKING HATS

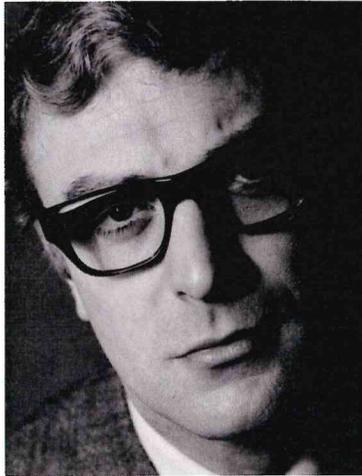
5:30 PM

DINNERTIME



PROGRAMS & TIME SUBJECT TO CHANGE

THE VILLAGE
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SATURDAY, MARCH 14, 2026



ACADEMY, BAFTA & GOLDEN GLOBE GUILD AWARD
WINNING ACTOR, SIR MICHAEL CAINE WAS BORN ON
THIS DAY IN 1933; ALPHIE, THE ITALIAN JOB, HANNAH &
HER SISTERS, SLEUTH, EDUCATING RITA, THE CIDER
HOUSE RULES, GET CARTER & A BRIDGE TOO FAR

PI DAY IS OBSERVED ON MARCH 14 SINCE 3, 1, & 4 ARE
THE FIRST THREE SIGNIFICANT FIGURES OF THE
MATHEMATICAL CONSTANT π CELEBRATIONS OFTEN
INCLUDE EATING PIE.

PI DAY

10:30 AM

EXERCISE GROUP

11:00 AM

MAINSTAY LIVE
WITH BOB FORTE

12:15 PM

LUNCH

2:00 PM

BAKING PIE

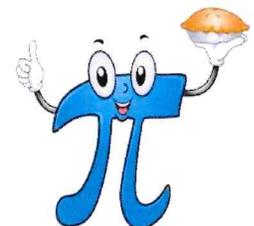
3:00 PM

PI DAY TEA SOCIAL

5:30 PM

DINNERTIME

PI DAY
EPIC WAYS TO
CELEBRATE MATH



PROGRAMS & TIME SUBJECT TO CHANGE