



Enriched community. Exceptional care.



ALWAYS THERE, WHEREVER YOU CALL HOME

Waveny LifeCare Network, a trusted, community-focused non-profit, offers a full continuum of compassionate healthcare services, rich therapeutic programs and flexible living options to enhance your quality of life.

ON OUR CAMPUSES



INDEPENDENT LIVING

Supportive community for active seniors



MEMORY CARE AND ASSISTED LIVING

Therapeutic approach to memory support and dementia care



SKILLED NURSING

Award-winning short- and long-term clinical care



REHABILITATION SERVICES

Inpatient and outpatient rehabilitative care

IN OUR COMMUNITIES



HOME HEALTH SERVICES

Licensed and certified therapists, skilled nursing services and in-home care



PALLIATIVE & HOSPICE CARE

Comprehensive physical and emotional pain management, enabling patients to optimize time with family and friends



COMMUNITY OUTREACH

Wellness services for individuals or groups at home, work, school or in the community



TELEMEDICINE

Robust hospital-at-home care, education, intervention and monitoring in the comfort of home



Care. Compassion. Community.

For over 40 years, Waveny LifeCare Network's mission has been to provide the highest quality spectrum of integrated healthcare services for individuals, families, and the communities we serve — wherever and whenever we are needed.

As part of our continuing expansion, we have incorporated the home care and hospice operations of Visiting Nurse and Hospice of Fairfield County. We are proud to leverage their 100-year legacy of community engagement to deliver our clients an even more rewarding experience.

Waveny provides:

- A legacy of intergenerational residential, facility and community services
- Award-winning personalized care and wellness solutions
- Enriched social, cultural and lifelong learning activities
- Advanced Telemedicine and Telemonitoring options
- Safety, support and peace of mind for you and your loved ones.

We invite you to learn more about us in the pages that follow.



INDEPENDENT LIVING



“This place is perfect, and I love living here. The staff, the residents, I tell you we’re one wonderful family!”

– Lily, resident at The Inn

Live life to the fullest

The Inn is Waveny’s charming residence for active seniors offering enriched independent living in a supportive, intimate retirement community. It features spacious apartments for those who also appreciate having priority access to Waveny’s full continuum of enhanced healthcare services.

With amenities such as restaurant-style dining, extensive social, recreational, educational and wellness programs, our residents enjoy all the comforts of home with the added benefit of a dedicated staff to meet their every need.





MEMORY CARE AND ASSISTED LIVING



Specialized assisted living and dementia services

At Waveny, we combine comprehensive assisted living services with a compassionate, therapeutic approach to memory support and dementia care. Our Medical Director and 24/7 nursing oversight provide residents with a safe, secure and enriching environment.

With stimulating sensory benefits and endless opportunities for social interaction, we offer personalized therapeutic recreation programs. Taking place on our bustling, renowned "Main Street," all programs are implemented by our Certified Therapeutic Recreation Specialist, and include:

- Dynamic, socially interactive group activities
- Spirited exercise, yoga and tai chi
- Art, music and cultural activities
- Lifelong learning programs
- Spiritual services
- Therapeutic outdoor patio

Living options include charming studio apartments and spacious deluxe suites with picturesque views, well-suited to meet the unique needs of our residents with cognitive impairment.



“I am so thankful that Waveny is a community filled with caring, compassionate, professional and dedicated staff members. The residents at Waveny LifeCare greatly benefit from the personal attention and care that is evident in every aspect of their daily lives.”

– Carol S., daughter of memory care assisted living resident





SKILLED NURSING



Experience exceptional care, support and dignity

Our 5-star Medicare- and Medicaid-accredited skilled nursing facility provides excellent short- and long-term care for individuals who require ongoing care from an interdisciplinary team of medical professionals.

In response to the growing and changing needs our patients, Waveny Care Center is pleased to offer:

- Wound VACs
- IV therapies
- Pain management
- Therapeutic outdoor patio
- Healing Touch Program, a holistic approach to compliment clinical care
- Rounding physician specialists in gerontology, neurology, psychiatry and cardiovascular disease



REHABILITATION SERVICES



Exceed your wellness goals through rehabilitation

We champion your recovery and wellness goals in a holistic way, and offer a range of inpatient, outpatient and home-based services to help patients achieve their most successful outcomes.

In addition to our core physical, occupational and speech therapies, we provide nutritional counseling and health promotion programs to complement our restorative services.

Our experienced staff will compassionately treat and support you in reaching your highest potential, while strictly adhering to your doctor's orders.



HOME HEALTHCARE SERVICES



“My experience with Waveny Homecare has been wonderful... My physical therapist was professional, experienced and acted with the utmost integrity throughout my post-operative rehabilitation.”

– John F., former patient

Compassionate care at your doorstep

Our Home Healthcare Services support patients of all ages, bringing the expertise and resources of our comprehensive healthcare system into homes throughout the community.

In addition to at-home rehabilitation, we provide a full spectrum of licensed and certified in-home therapies and skilled nursing services available promptly upon referral, including on weekends and holidays. We offer an array of paraprofessional caregiving services including those provided by certified nursing assistants (CNAs), home health aides, companions, live-in caregivers and homemakers.

Care is available for clients at home, as well as within assisted living communities and long-term care settings. Services are based on a comprehensive assessment and in collaboration with the patient’s physician.





PALLIATIVE & HOSPICE CARE

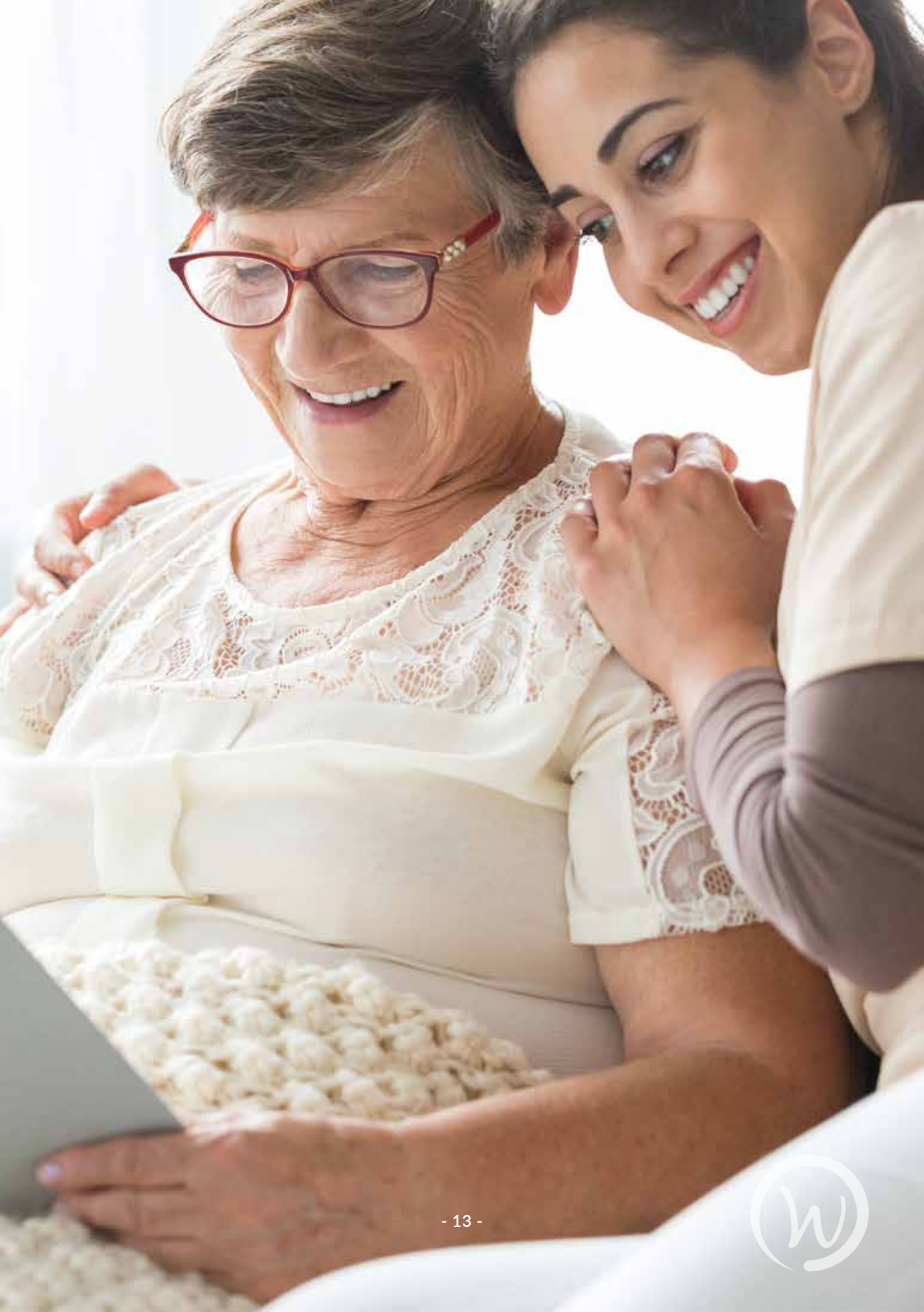


Empowering, person-centered care for those living with advanced illness

We recognize that when one person is ill, the whole family is affected. Our Palliative and Hospice services provide interdisciplinary patient and family-centered care to address the physical, emotional, spiritual and practical concerns that can arise when you or someone you love is living with serious illness, and a decision has been made to either continue or discontinue active treatment.

We focus on optimizing quality of life, with a team that works together to implement a highly compassionate, personalized care plan. Our Palliative and Hospice team includes:

- Skilled nurses
- Social workers
- Occupational, physical and speech therapists
- Home health aides
- Dietitians
- Spiritual care providers
- Volunteers





COMMUNITY OUTREACH



Access to healthcare in your community

Our team embraces the opportunity to provide comprehensive preventative care and wellness services to individuals and groups at home, work, school and throughout our communities.

Waveny's Community Outreach Programs include support groups, wellness checks, health and blood pressure screenings, vaccine clinics, educational programs, school nursing and pre-school health services.



TELEMEDICINE



Advanced technologies for real-time preventative and diagnostic care

Technology can compliment and enhance face-to-face medical care. Waveny's Telemedicine program delivers personalized medical interactivity in the comfort of home.

Employing sophisticated assessment tools, our Telemedicine Program allows the practitioner to monitor your overall health, vitals and symptoms in real time.

With a suite of comprehensive tools provided to each at-home patient, clinicians can provide:

- Physical symptom evaluation
- Weight monitoring
- Blood pressure, heart rate and pulse oximeter measurement
- Medication monitoring
- Wound assessment

THE FULL CONTINUUM



A full spectrum of care for your every need

Waveny provides award-winning personalized solutions for patients of all ages — whether you are fully independent and just want to know that expert caregivers are nearby, need more acute medical intervention involving comprehensive memory care, skilled nursing, home care and hospice services, or are seeking rehabilitation therapy for a full recovery.

To further increase our capabilities, we have developed an on-site training program for nurse advancement. This promotes the development of our staff, and ensures the continued growth and enhanced quality of our services across the continuum.

With all-inclusive fee structures and priority access to our robust spectrum of healthcare services, we deliver care with compassion and responsiveness, and are committed to exceed your expectations.



Claire's Garden





Studio Residence, Independent Living



Main Street



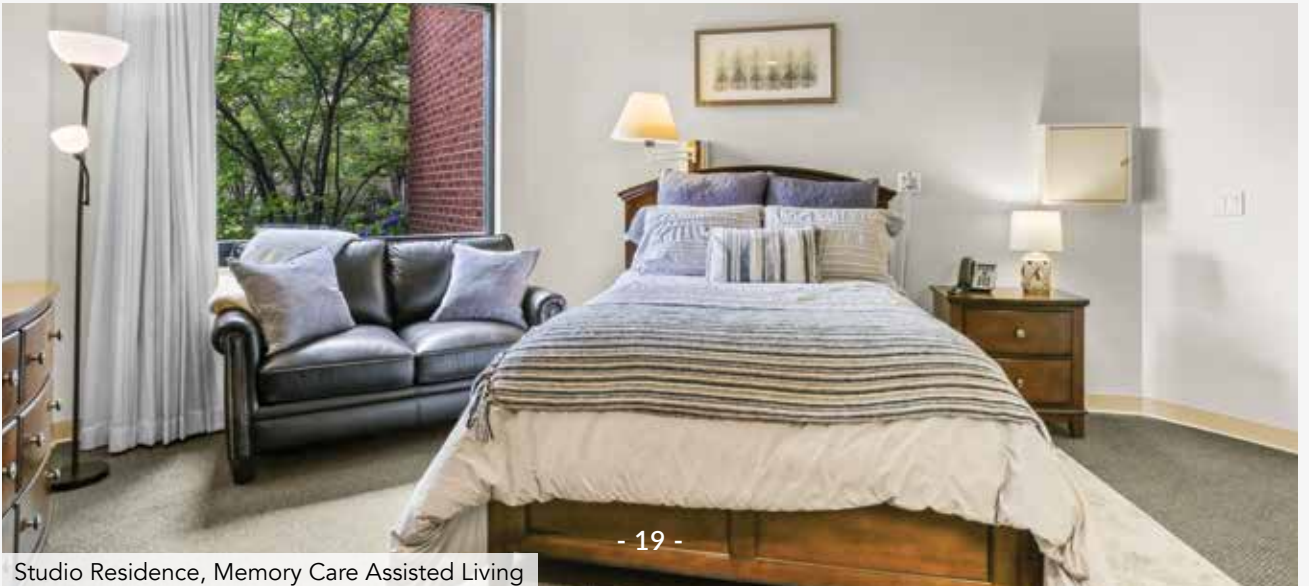
Dining Room, Independent Living



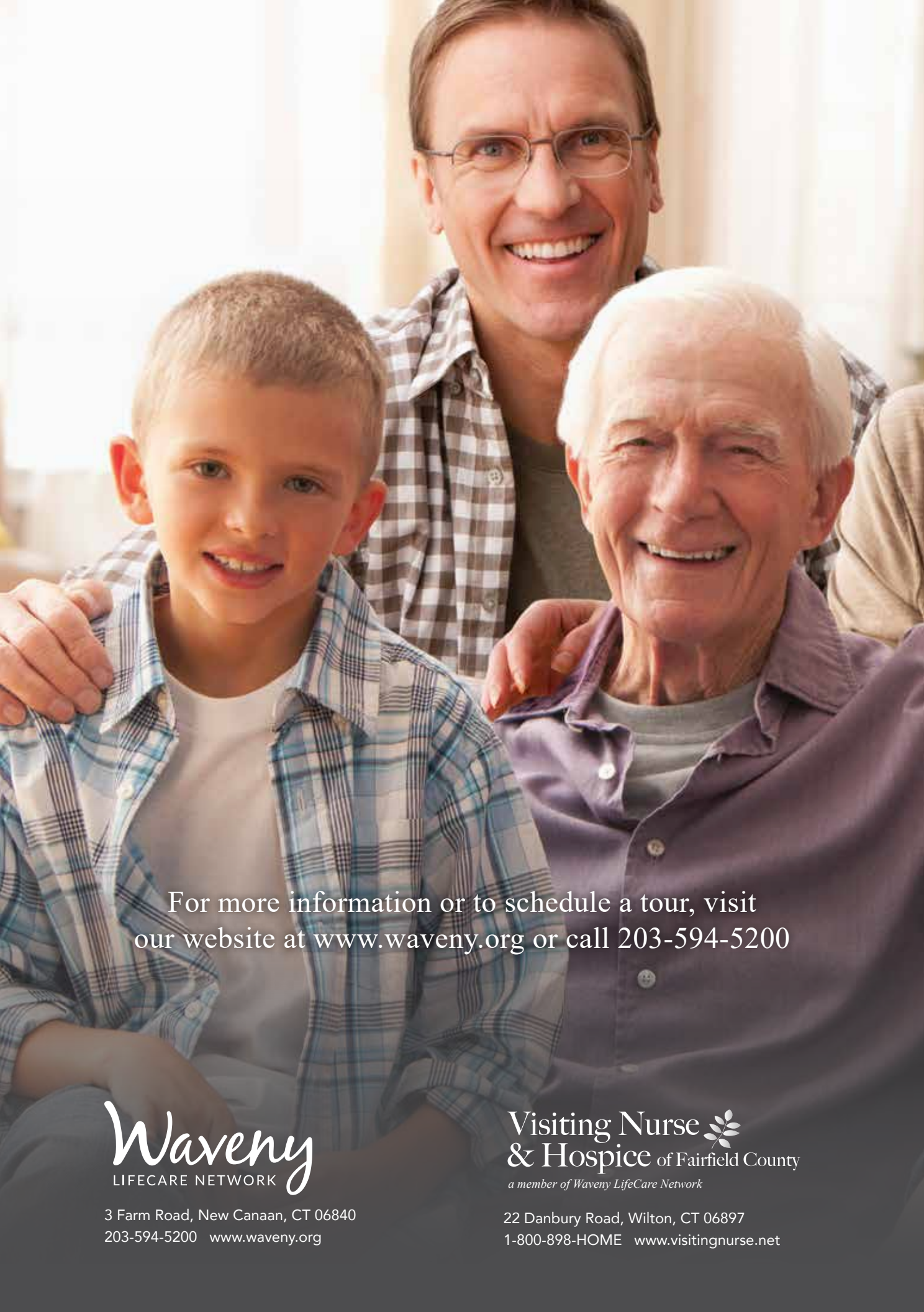
Lobby, Independent Living



Dining Room, Main Street



Studio Residence, Memory Care Assisted Living



For more information or to schedule a tour, visit
our website at www.waveny.org or call 203-594-5200

Waveny
LIFECARE NETWORK

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