

INN-SIGHTS

The Inn • Part of the Waveny LifeCare Network
73 Oenoke Ridge New Canaan CT 06840 203-594-5450

November 2021

THANKSGIVING SING **TUESDAY, NOV. 23 – 11:30 A.M.**

A November tradition at The Inn – a time for residents and staff to gather together for 20 minutes or so and sing hymns of praise and thanksgiving. Join us around the piano!

GETABOUT LIBRARY TRIP **MONDAY, NOV. 1 – 1:15 P.M.**

The Getabout will take folks to the library for a 45 minute opportunity to browse through the stacks and find a good read. Sign up on bulletin board.

WRITERS WORKSHOP **MONDAYS, NOV. 1, 8, 22 – 3 P.M.**

Our resident writers continue to prove that writing is not a lost art! Join us in the library.

SHORT STORIES **TUESDAYS AT 3 P.M. – IN LIBRARY**

We've just read Tennessee Williams and are now indulging in Agatha Christie!

THE LUNCH BUNCH **THURSDAY, NOV. 4 – NOON**

We're headed by van to Norwalk to Rincon. If you like Mexican fare, this is the place! Sign up on bulletin board.

OREOS & NUTS! **THURSDAY, NOV. 4 – 3:30 P.M.**

Who would think that Oreos and nuts can make two different kinds of turkeys! We'll try not to gobble them up. Meets in the library.

CURRENT EVENTS **FRIDAYS – 11 A.M.**

A resident requested and resident led weekly current events program. Come and offer a topic to be discussed, or simply come and listen!

WORLD WAR II: UP CLOSE & PERSONAL **FRIDAYS AT 2:30 P.M.**

This will be our last month of lectures from The Great Courses which focus on the perspectives of the ordinary, everyday people who found their daily lives engulfed in World War II's global disruption.

TEA WITH A TWIST
WEDNESDAYS AT 3 P.M.

A piping hot cup of tea and conversation is a perfect mid-week activity.

MEDITATION – IN THE LIBRARY
MONDAYS & THURSDAYS – 11:30 A.M.

Want to relax, free of tension? Join us downstairs in the library.

VETERAN'S DAY FLAGPOLE CEREMONY
THURSDAY, NOV. 11 – 11:30 A.M.

Join us outside around the flag for our annual Veteran's Day observance. Michael Mank, a high school trumpeter, will conclude by playing "Taps."

REALIZING THE DREAM/MT. EVEREST
THURSDAY, NOV. 11 – 3 P.M.

Dr. Sherman Bull had a lifelong dream of standing on top of the world – which he finally did! Come hear his exciting story.

"SLEEP" – THE INS AND OUTS
MONDAY, NOV. 15 – 2 P.M.

Christine Burns, Coordinator of Community Health and Nursing Programs from the Visiting Nurse and Hospice of Fairfield County, will talk about "sleep."

RESIDENT MEETINGS/WEDS. – 11:30

FALL PREVENTION
THURSDAY, NOV. 18 – 3 P.M.

Jessica Resciniti, a post-graduate student at Quinnipiac College is completing her field work with the Connecticut Occupational Therapy Association and will present a fall prevention workshop for residents, caregivers and staff.

CRAFTS WITH MARTA
SATURDAYS, NOV. 6 & 20 – 1:15 P.M.

CATHOLIC MASS (3RD SUNDAY)
SUNDAY, NOV. 21 – 11:30 A.M.

Father Robert Kinnally from St. Aloysius will offer Mass.

LET'S TALK (MOVED FORWARD ONE WEEK)

THURSDAY, DEC. 2 – 11 A.M.

New Canaan librarian Kathy Blance comes with a well-researched program on a surprise topic. Join her in the living room.

PIANO RECITAL
SUNDAY, NOV. 28 – 4 P.M.

Kyong Hee Cho and her students are giving us a preview of their upcoming benefit concert – you'll be amazed at their talent!

NEW CANAAN EMS
MONDAY, NOV. 29 – 10:30 A.M.

EMS Wendy Hilboldt will be here to discuss the EMS organization and give a tour of the ambulance.

GEORGES BIZET – J'EUX D'ENFANTS
MONDAY, NOV. 29 – 3 P.M.

Barbara will talk about and play a cd of Bizet's suite of 12 miniatures-each evoking a facet of childhood. They are enchanting and sparkling and showcase his melodic gifts.

INN-NOTES – TUESDAYS AT 11 A.M.
BLOOD PRESSURE – NOV. 3 AT 2 P.M.
NO NOVEMBER BIRTHDAYS!