

# INN-SIGHTS

The Inn • Part of the Waveny LifeCare Network  
73 Oenoke Ridge New Canaan CT 06840 203-594-5450

October 2021

## ***HALLOWEEN PARTY***

***FRIDAY, OCTOBER 29 – 5 P.M.***

Witches, goblins, ghosts and spooks  
We know will soon convene.  
Come join the throng,  
Please come along  
To a party Halloween.  
Dress as a ghost, a witch, or spook  
They'd love to meet you, friend,  
The things they do, the things they say,  
Will stand your hair on end.

## ***CURRENT EVENTS***

***FRIDAYS – 11 A.M.***

A resident requested and resident led weekly current events program. Come and offer a topic to be discussed, or simply come and listen!

***WORLD WAR II: UP CLOSE & PERSONAL  
FRIDAYS AT 2:30 P.M.***

Our new DVD series of lectures from The Great Courses focus on the perspectives of the ordinary, everyday people who found their daily lives engulfed in the war's global disruption.

How did they cope? How did they adjust? How were regular people changed? We'll find out through these excellent lectures.

## ***WRITERS WORKSHOP***

***MONDAY, OCTOBER 4 – 3 P.M.***

Our resident writers continue to create; two poems by Midge Bacon are featured on the Network's website.

## ***SHORT STORIES***

***TUESDAYS AT 3 P.M. – IN LIBRARY***

Anne McCaffrey, an Irish writer, and John Steinbeck are two of the latest authors we've read. Come join us!

## ***TEA WITH A TWIST***

***WEDNESDAYS AT 3 P.M.***

The weekly "twist" serves as a jumping off spot for lively conversation which then veers all over the place.

## ***MEDITATION – IN THE LIBRARY***

***MONDAYS & THURSDAYS – 11:30 A.M.***

Barbara reads 5-10 minute guided imagery scripts which help you to relax and rid yourself of any lingering tensions. Join us downstairs in the library.

**VAN TRIP TO SILVERMINE GUILD  
THURSDAY, OCTOBER 7 - 2:30 P.M.**

This trip last month was cancelled. We're off to the Silvermine Galleries to see an inspirational collection of artwork commemorating 9/11. For those who have already signed up.

**DEBUSSY: THE MAN & THE MUSIC  
MONDAY, OCTOBER 11 - 2 P.M.**

Donald Alfano, pianist, educator, lecturer and author, will present a program on the French composer Claude Debussy – this was postponed from last month.

**HALLOWEEN CRAFT  
THURSDAY, OCTOBER 14 - 3 P.M.**

We're making Halloween cards to send to your loved ones.

**HEALTHY HEART/HEALTHY BRAIN  
MONDAY, OCTOBER 18 - 3 P.M.**

Christine Burns, Coordinator of Community Health and Nursing Programs from the Visiting Nurse and Hospice of Fairfield County, will explore how diet and lifestyle for a healthy heart translates into a healthy brain, helping with conditions such as Alzheimer's and Parkinson's.

**FOLIAGE DRIVE  
THURSDAY, OCTOBER 21 - 2:30 P.M.**

Our annual foliage drive in and around town searching for those spectacular colors! Sign up on bulletin board.

**RESIDENT MEETINGS  
WEDNESDAYS/11:30**

**CRAFTS WITH MARTA  
SATURDAYS, OCT. 2 & 30 - 1:15 P.M.**

**CHOOSE YOUR COSTUME!  
MONDAY, OCTOBER 25 - 1:15 P.M.**

Over the years we have collected some fantastic Halloween costumes! It's time to come down to the library and browse through our array and pick out something to wear to our Party!

**CATHOLIC MASS  
SUNDAY, OCTOBER 10 - 11:30 A.M.**

Father Robert Kinnally, from St. Aloysius, comes to The Inn every month to offer Mass.

**LET'S TALK  
THURSDAY, OCTOBER 28 - 11 A.M.**

Kathy Blance from The New Canaan Library will come once a month with a well-researched program on a surprise topic—people, events, history, etc. Folks love her presentations!

**LIBRARY TRIP BY GETABOUT  
THURSDAY, OCTOBER 14 - 1:30 P.M.**

45 minute visit to New Canaan Library. Sign up on bulletin board.

**HALLOWEEN PARTY  
FRIDAY, OCTOBER 29 - 5 P.M.**

Costumes, games and fun await residents at our annual Halloween Party!

**OCTOBER BIRTHDAYS  
CLANCY FAUNTLEROY - 10/8  
GINNY MORENO - 10/25  
TOM GILDERSLEEVE - 10/27**