

Village Music Therapist / TR Coordinator Shane Sullivan, MT-BC 203-594-5279

THE VILLAGE THERAPEUTIC RECREATION CHOICES at Waveny LifeCare Network (www.waveny.org)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
10:00 Morning Greeting 10:30 Exercise 11:00 Crossword Puzzle 1:30 Breathe, Stretch, and Move 2:30 Word In a Word 3:00 Relaxing Hymns	10:00 Morning Greeting 10:30 Moving Monday 11:00 Bocce 1:30 Cards with Friends 2:15 Music in the Garden 3:15 Dominos 3:30 1:1 Music Therapy by Appt.	10:00 Morning Greeting 10:30 Groovy Tuesday 11:00 Name That Tune 1:30 Spin & Solve 2:30 "Jayden's Green Thumb" 3:00 Creative Art 4:00 Live Music and Relaxation	10:00 Morning Greeting 10:30 Mindfulness and Stretching 10:45 Hobby Shop with Kevin 11:00 Worship Service 1:30 Live Sing-a-Long 2:30 Spin & Solve 3:00 Crosswords 3:30 1:1 Music Therapy by Appt.	10:00 Morning Greeting 10:45 Group Exercise with Allia 11:00 Mock Kentucky Derby 1:30 Let's Take a Stroll Outside 2:30 Group Puzzles 3:00 Sing-a-Long 4:00 Community Music Experience	10:00 Morning Greeting 10:30 Zoom Dance/Mvt Therapy With Jenny Ellyson, R-DMT 1:30 Bean Bag Toss 2:00 Pass The Ball 3:00 Cards With Friends 3:30 1:1 Music Therapy by Appt.	10:00 Morning Greeting 10:30 Small Group Exercise 11:00 Walking Club 1:30 Table Top Games 2:30 Stretching
Mother's Day 10:00 Morning Greeting 10:30 Exercise 11:00 Crossword Puzzle 1:30 Word Games 2:30 Sunday Matinee 3:00 Sing-a-Long	10:00 Morning Greeting 10:30 Moving Monday 11:00 Virtual Music Therapy With Matt Hennessy, MT-BC 2:00 Mother's Day Royal Tea 3:30 1:1 Music Therapy by Appt. 4:00 Creative Art	10:00 Morning Greeting 10:30 Groovy Tuesday 11:00 Adaptive Bowling 1:30 Beach ball Toss 2:30 Roll-a-Garden Dice Game 3:00 Let's Travel to New York 4:00 Live Music and Relaxation	10:00 Morning Greeting 10:30 Mindfulness and Stretching 10:45 Hobby Shop with Kevin 11:00 Worship Service 1:30 Art in the Making 2:30 Men's Bowling League 3:00 Table Tennis 3:30 1:1 Music Therapy by Appt.	10:00 Morning Greeting 10:45 Group Exercise with Allia 11:00 The Waveny Singers 1:30 Let's Take a Stroll Outside 2:30 Yahtzee 3:00 America's Got Talent 4:00 Community Music Experience	10:00 Morning Greeting 10:30 Zoom Dance/Mvt Therapy With Jenny Ellyson, R-DMT 1:30 Bean Bag Toss 2:00 Collaborative Art 3:00 Card Games 3:30 1:1 Music Therapy by Appt.	10:00 Morning Greeting 10:30 Small Group Exercise 11:00 Pictionary 1:30 Spin & Solve 2:30 Garden Visits
10:00 Morning Greeting 10:30 Exercise 11:00 Crossword Puzzle 1:30 iPad Exploration 2:30 Sunday Matinee 3:00 Let's Get Some Sunshine	10:00 Morning Greeting 10:30 Moving Monday 11:00 Adaptive Volleyball 1:30 Sing-a-Long 2:15 Virtual Music Therapy (2nd Fl.) With Matt Hennessy, MT-BC 3:00 Hangman 3:30 1:1 Music Therapy by Appt.	10:00 Morning Greeting 10:30 Groovy Tuesday 11:00 Baseball Spring Training 1:30 Sing-a-Long 2:30 Songs about Flowers 3:00 Bocce 4:00 Live Music and Relaxation	10:00 Morning Greeting 10:30 Mindfulness and Stretching 10:45 Hobby Shop with Kevin 11:00 Worship Service 1:30 Cards With Friends 2:30 iPad Explorations 3:00 Sing-a-long with Instruments 3:30 1:1 Music Therapy by Appt.	10:00 Morning Greeting 10:45 Group Exercise with Allia 11:00 Croquet in the Garden 1:30 We're Going to Disney World! 2:30 Uno 3:00 Bean Bag Toss 4:00 Community Music Experience	10:00 Morning Greeting 10:30 Zoom Dance/Mvt Therapy With Jenny Ellyson, R-DMT 1:30 Beach Ball Toss 2:00 Rhythm Circle 3:00 Hobby Shop 3:30 1:1 Music Therapy by Appt.	10:00 Morning Greeting 10:30 Small Group Exercise 11:00 Word In A Word 1:30 Adult Coloring 2:30 Stretching
10:00 Morning Greeting 10:30 Exercise 11:00 Crossword Puzzle 1:30 Name That Tune 2:30 Sunday Matinee 3:00 Walk in the Garden	10:00 Morning Greeting 10:30 Moving Monday 11:00 Pictionary 1:30 Bean Bag Toss 2:15 Virtual Music Therapy (1st Fl.) With Matt Hennessy, MT-BC 3:00 Bingo 3:30 1:1 Music Therapy by Appt.	10:00 Morning Greeting 10:30 Groovy Tuesday 11:00 NBA Basketball Shoot Out 1:30 Sing-a-Long with Instruments 2:30 May Birthday Celebration 3:00 Let's Travel to Italy 4:00 Live Music and Relaxation	10:00 Morning Greeting 10:30 Mindfulness and Stretching 10:45 Hobby Shop with Kevin 11:00 Worship Service 1:30 Dominos 2:30 Café Waveny 3:00 Spin & Solve 3:30 1:1 Music Therapy by Appt.	10:00 Morning Greeting 10:45 Group Exercise with Allia 11:00 The Waveny Singers 1:30 Sing-a-long with Instruments 2:30 Wii Sports 3:00 America's Got Talent 4:00 Community Music Experience	10:00 Morning Greeting 10:30 Zoom Dance/Mvt Therapy With Jenny Ellyson, R-DMT 2:00 Memorial Day BBQ Cookout in Clare's Garden 3:15 Card Games 3:30 1:1 Music Therapy by Appt.	10:00 Morning Greeting 10:30 Small Group Exercise 11:00 Hangman 1:30 Painting 2:30 Sing-a-long
10:00 Morning Greeting 10:30 Exercise 11:00 Crossword Puzzle 1:30 Breathe, Stretch, and Move 2:30 Sunday Matinee 3:00 Trivia	Memorial Day 10:00 Morning Greeting 10:30 Moving Monday 11:00 May BINGO in Scoops 1:30 Sing-a-long 2:15 Virtual Music Therapy (1st Fl.) With Matt Hennessy, MT-BC 3:00 Creative Art 3:30 1:1 Music Therapy by Appt.					