

THE VILLAGE & ADULT DAY PROGRAM THERAPEUTIC RECREATION CHOICES at Waveny LifeCare Network (www.waveny.org) ADP PROGRAM: 203-594-5314

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<h1>MARCH</h1>			Daily Programs: 10:15 Morning Greeting 10:30 Coffee and Conversation 10:30 Exercise (M,W,Th,S, Su) 10:30 Tai Chi (Tuesday) 1:30 Anything Goes 3:00 Afternoon Matinee 4:00 Dance Movement Therapy with Jenny (Tuesday)	Locations of Activities: MS: Main Street ADP: Adult Day Room VLR: Village Living Room VDR: Village Dining Room VCK: Village Country Kitchen WCC: Care Center S: Scoops V: Village G: Garden	1 DR. SEUSS DAY 10:30 Dr. Seuss Day Visit from South School Students! 11:15 Music with Tracey - MS 11:15 Crossword Puzzle - ADP 11:15 Bell Choir - VCK 2:00 Spotlight on the Sound of Music MS 2:00 Ladies Luxury - ADP	2 10:30 Shopping in the General Store 11:15 Singalong—MS 11:15 Independent Activities—MS 2:00 Puzzlemania & More—MS 2:00 Nature Explorations - MS 2:00 Relaxation—VLR	
3	4	5 MARDI GRAS	6 ASH WEDNESDAY	7	8	9	
10:00 Worship Service—WCCRL 10:30 Breathe, Stretch & Move—MS 11:15 Music Mix Up - MS 11:15 Independent Activities—MS 2:00 Active Games - MS 2:00 Relaxation—VLR	11:15 March Singalong - MS 11:15 Mardi Gras Bingo - ADP 11:15 Current News - VLR 2:00 Travel to New Orleans - VLR 2:00 Spotlight on New Orleans Jazz - MS 2:00 Mardi Gras Crafts - ADP	11:15 Crossword Puzzle—ADP 11:15 Singalong—MS 11:15 Kitchen Time - S 2:00 Mardi Gras Music Performance With Chris Coogan & Joe Meo - MS 2:00 Table Top Games - ADP 2:00 Rosary—VLR	11:15 Worship Service—MS 11:15 Crossword Puzzle—ADP 2:00 Live Piano Music Karaoke - MS 2:00 Hobby Shop - ADP 2:00 Horticulture Club - ADP 2:00 Room Visits - V	11:15 Music with Mark—MS 11:15 Crossword Puzzle—ADP 2:00 Music and Bowling - MS 2:00 YouTube & You: Road Technology - ADP 2:00 The Most Powerful Working Women - VLR	11:15 Music with Tracey - MS 11:15 Crossword Puzzle - ADP 11:15 Ladies Luxury - ADP 2:00 Irish Dance Performance by the Anam Cara Dance School - MS 2:00 Sensory Circle - MS	11:15 Singalong—MS 11:15 Independent Activities—MS 2:00 Puzzlemania & More—MS 2:00 Word Games - MS 2:00 Relaxation—VLR	
10	11	12	13	14	15	16	
10:00 Worship Service—WCCRL 10:30 Breathe, Stretch & Move—MS 11:15 Music Mix Up - MS 11:15 Independent Activities—MS 2:00 Table Top Games - ADP 2:00 Relaxation—VLR	11:15 Spring Song Singalong - MS 11:15 Bingo - ADP 11:15 Current News - VLR 2:00 Music Hangman - MS 2:00 Best TV Shows of All Time - ADP	11:15 Crossword Puzzle—ADP 11:15 Singalong—MS 2:00 Sounds of Switzerland: Music and Yodeling - MS 2:00 Rosary—VLR 2:00 Baseball Caps of Today - ADP 2:00 Irish Tea Social - ADP	11:15 Worship Service—MS 11:15 Word Game—ADP 2:00 Ides of March Fun: Gladiator Games - MS 2:00 Ides of March Crafts - ADP	11:15 Music with Bonnie—MS 11:15 Crossword Puzzle—ADP 11:15 Lunch Out Trip 2:00 Music Performance by Billy Michael - MS 2:00 Irish Cultural Exchange - ADP	11:15 Music with Tracey - MS 11:15 Crossword Puzzle - ADP 11:15 Ladies Luxury - ADP 2:00 St. Patrick's Day Celebration With Bill Geoghegan - MS 2:00 Irish Pot Of Gold Craft - ADP	11:15 Singalong—MS 11:15 Independent Activities—ADP 2:00 Puzzlemania & More—ADP 2:00 Bingo - ADP 2:00 Relaxation—VLR	
17 ST. PATRICK'S DAY	18 MARCH BIRTHDAY PARTY	19	20 FIRST DAY OF SPRING	21	22	23	
10:00 Worship Service—WCCRL 10:30 Breathe, Stretch & Move—MS 11:15 Irish Singalong - MS 11:15 Independent Activities—MS 2:00 Green Games - MS 2:00 Relaxation—VLR	11:15 March Born Celebrities - VLR 11:15 March Music Makers - MS 11:15 March Bingo - ADP 2:00 March Birthday Party with John Villasi - MS 2:00 Crafty Corner - ADP	11:15 Crossword Puzzle—ADP 2:00 Celebrating Purim with Rabbi Jason Greenberg - MS 2:00 Rosary—VLR 2:00 Singalong - MS 2:00 Spotlight on the Special Olympics in Abu Dhabi - ADP	11:15 Worship Service—MS 11:15 Word Game—ADP 2:00 Famous Women Bingo - ADP 2:00 Spring Karaoke - MS 2:00 Travel to Paris - VLR	11:15 Music with Mark—MS 11:15 Crossword Puzzle—ADP 2:00 Spring Fling with Music by Nice and Easy - MS 2:00 Card Games - ADP	11:15 Music with Tracey - MS 11:15 Crossword Puzzle - ADP 11:15 Bell Choir - VCK 2:00 Balloon Volleyball - MS 2:00 Celebrating Shabbat - ADP 2:00 Ladies Luxury - ADP	11:15 Singalong—MS 11:15 Independent Activities—MS 2:00 Puzzlemania & More—MS 2:00 Melodies and Memories - MS 2:00 Relaxation—VLR	
24	25	26	27	28	29	30	
10:00 Worship Service—WCCRL 10:30 Breathe, Stretch & Move—MS 11:15 Old Fashioned Singalong - MS 11:15 Independent Activities—MS 2:00 Music and Games - MS 2:00 Relaxation—VLR	11:15 Bilingual Bingo - ADP 11:15 Singalong - MS 11:15 Current News - ADP 2:00 Irish Music Performance by the Sedgwick Group - MS 2:00 Crossword Puzzle - ADP	11:15 Crossword Puzzle—ADP 11:15 Singalong—MS 11:15 Kitchen Time - S 2:00 Music Scattergories - MS 2:00 Rosary—VLR 2:00 Hobby Shop - ADP 2:00 Pampering and Relaxation - ADP	11:15 Worship Service—MS 11:15 Word Game—ADP 2:00 March Sports: Spring Training and March Madness - MS 2:00 Getting to Know You - ADP	11:15 Music with Lynn—MS 11:15 Crossword Puzzle—ADP 2:00 Irish Tune Mix Up - MS 2:00 Meet the Breeds: Westminster Dog Show Winners - VLR 2:00 History of Department Stores - ADP	11:15 Music with Tracey - MS 11:15 Crossword Puzzle - ADP 11:15 Scenic Drive 2:00 Ladies Luxury - ADP 2:00 Broadway Show Karaoke - MS 2:00 All About Cats - ADP	11:15 Singalong—MS 11:15 Independent Activities—ADP 2:00 Puzzlemania & More—ADP 2:00 Piano Recital - MS 2:00 Relaxation—VLR	
31	3:30 Programs: Music Therapy: Monday iPad Explorations: Tuesday & Thursday Creative Expression: Wednesday & Friday Potpourri: Saturday & Sunday						