

# INN-SIGHTS

The Inn • 73 Oenoke Ridge • New Canaan, CT 06840 • 203-594-5450

## July 2017

### **Red, White & Blue Cookout Tuesday, July 4 – 12 p.m.**

Our traditional 4<sup>th</sup> of July cookout with all the fixings! Join us for this festive and celebratory meal. Reservations to Pattie at 203-594-5453.

ideas on people, costumes and song titles to go with these two challenges!

### **We All Scream for Ice Cream! Monday, July 10 – 3 p.m.**

Barbara will dish up divinely delicious ice cream cones! Yum!

### **Ice Cream Social Tuesday, July 11 – 3 p.m.**

Come enjoy an old-fashioned ice cream social with friends from Staying Put. All the ice cream and toppings are being donated by Baskin Robbins – next time your in town, stop in and express your appreciation.

### **Living Tableaux Meeting Thursday, July 13 – 3 p.m.**

Let's get down to some basics now that we've already had our first meeting – come with your ideas, enthusiasm and spirit!

### **Skin Care Monday, July 17 – 3 p.m.**

Dr. Robin Oshman, Dermatologist and Surgeon with offices in New Canaan,

### **Saturdays with Brant**

We've beefed up our Saturday morning activities with Brant Hooks at the helm. **9:30-10, Drawing:** (no experience necessary). **10 Video Exercises:** **11 Ask Genii** (ask any question on any topic and Brant's laptop computer, hooked up to our large screen TV, will answer your questions – live and in color! **11:30 Walking.**

### **Living Tableaux Meeting Monday, July 3 – 3 p.m.**

It's time to start brainstorming ideas on our next living tableaux presentation this fall! We've narrowed down the possibilities to two topics: inventors and inventions and great historical events and person(s) associated with them. We need

will speak on skin care as we age – tips on how to protect your skin from the sun and what to do about skin cancers. Bring your questions about anything skin-related. She's hoping that you will have some for her.

**Ben McCormack, Piano**  
**Tuesday, July 18 – 3 p.m.**

Ben is Betsey Doyle's talented grandson. This will be the second time he's played the piano at The Inn and we know that you're in for a treat!

**Name That Tune**  
**Thursday, July 20 – 3 p.m.**

Come test your memory of tunes that span the decades and represent pop to rock, classical to golden oldies! Barbara will try to stump you, but in the past, you have always – almost always - come through with the correct song!

**Alice Moore and Friends**  
**Monday, July 31 – 3:30 p.m.**

Alice and her three young children return with friends and their little ones for an afternoon of friendship, mayhem, fun and laughter. They usually bring a craft to work on with residents as well as books to read with us. A joy-filled time.

**Bojangles Sing-A-Long**  
**Tuesday, July 25 – 7:15 p.m.**

We love this group of guys and gals who love to sing folk songs – they put on a smashing sing-a-long accompanied by

guitars, banjos, and a variety of eclectic sound makers. They also pass out rhythm instruments to residents and large print words. It's a fun-fill evening of songs we all know and remember.

**Book Ends Lunch**  
**Thursday, July 27 – 11:45 a.m.**

For those residents who have been interviewed by the college interns from Irving Levin Associates in Norwalk, this is the final day! We'll have lunch together with these young men and women and then go downstairs to the library for the presentations of the memoirs.

*on-going*

**Joyce Hawes at the Piano**  
**Tuesday, July 11 – 5-6 p.m.**

We are so fortunate that Joyce comes and plays during Happy Hour! She has an amazing repertoire of songs from Broadway and The American Song Book.

**Books at Lunch**  
**Monday, July 31 - noon**

This is not a "book discussion group" but rather a gathering of residents who are interested in sharing titles of books they're reading or have recently read. It's a great way to hear about good "reads! We meet at the large round table nearest the kitchen.

## **Spanish Classes – On Hold ‘til Fall**

### **Inn-Notes**

**Tuesdays at 11 a.m.**

“If it’s Tuesday, it must be rehearsal!” Our resident singers rehearse every single Tuesday morning, accompanied by our stalwart pianist, Ruth Johnson. We always sing in “themes” – and at the moment we’re having fun with folksongs. Come join us around the piano! If you can sing “Row, Row, Row Your Boat” you can certainly join our group!

### **Current Events Wednesdays–10 a.m.**

Every Wednesday, week in and week out, month in and month out, we have volunteers from the community who come and present a Current Event program. We are ever so grateful to these folks who bring new ideas, food for thought and ideas to jog our brains!

### **Resident Meeting**

**Monday, July 17 - 1:15 p.m.**

### **Spiritual Talks with Rev. Tom**

**Fridays, July 14 & 28 – 3:30 p.m.**

Tom Lilly, Director of Spiritual Services for the entire Waveny Network, comes to the Inn twice a month with his spiritually-based programs. Tom has a great sense of humor and infuses these afternoons with lively and engaging topics to ponder and discuss.

## **Ongoing Programs On Summer Break**

**Let’s Talk with New Canaan Librarian  
Kathy Blance**

### **National Charity League Visits**

Will resume in the fall with a new format. Every month the programs will be lead by the girls from each class: eighth grade to seniors in high school and their moms.

**Monthly Visits by the Children From  
St. Mark’s Nursery School**

**Bingo – with the high school freshman  
boys from the SLOBS**

## **inn-formation**

**Friday Communion – 10 a.m. in library**

### **Volunteer Shoppers**

**Mondays & Thursdays**

We have a dedicated corps of volunteers who go to town and “shop” for residents. They make trips to banks, dry cleaners, the library, Walgreen’s and CVS, grocery stores, etc. Please give your orders to Delia or Pattie by 9:15 a.m. on Mondays and Thursdays.

## **Mass at St. Aloysius**

Volunteer drivers from the church will pick up residents wishing to attend the Saturday afternoon mass. They will be here by 5:10 p.m. Please be ready in the lobby, and for the “regulars” if you are not going to go, please alert the front desk.

## **July Birthdays**

*Celebrated on Tuesday, July 25th at lunch.*

Alas, no birthday celebrants this month but we'll have cake anyway!

## **Frank on Fridays**

We're going to show a Frank Sinatra movie every Friday night in July.

## **On & Off the Shelf**

New books added to our library:

*The Wright Brothers* by David McCullough; *The Obsession* by Nora Roberts; *Divine Evil* by Nora Roberts; *Razor Girl* by Carl Hiaasen; *The Beginner's Goodbye* by Anne Tyler and copies of *The Spectator* – New Canaan High School's Literary & Art Magazine

## **Fall Tag Sale at The Inn**

Our annual tag sale is fast approaching and we accept donations at any time from family members, volunteers, friends, staff and residents! This is a small sale, but you just might find the perfect little

something for a friend, grand child or family member! Many of us are sporting clothes we've picked up at past sales.

## **Staying Well!**

**Nutrition Talk with Joan Danford**  
**Last Wednesday/July 26**  
**2:30 p.m.**

**Blood Pressure**  
**Thursday, July 20/ 1 p.m./library**

## **Exercises - Daily**

**Mondays – 10 a.m. - Barbara**  
**Thursdays–10 a.m. - June Bird**  
**Other days – DVD/Barbara: see calendar & bulletin board for times**

## ***Coming in August!*** ***At the Inn***

## **Summer School For Residents**

***These disciplines will be represented:***  
***Art, Literature, History, Music, and***  
***Theater.***

## ***Engage Your Minds***