


February 2019

THE VILLAGE & ADULT DAY PROGRAM - THERAPEUTIC RECREATION CHOICES at Waveny LifeCare Network (www.waveny.org)

DIRECTOR OF ADULT DAY PROGRAM: ANNE PELISSON (203) 594-5301, VILLAGE TR COORDINATOR: SHERRY DOBRIN (203) 594-5279 and ADP PROGRAM (203) 594-5314

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Locations of Activities: MS: Main Street ADP: Adult Day Room VLR: Village Living Room VDR: Village Dining Room VCK: Village Country Kitchen WCC: Care Center S: Scoops V: Village G: Garden	Daily Programs: 10:15 Morning Greeting 10:30 Coffee and Conversation 10:30 Exercise (M,W,Th,S, Su) 10:30 Tai Chi (Tuesday) 1:30 Anything Goes 3:00 Afternoon Matinee		1 Super Bowl Party Extravaganza 11:15 Music with Tracey—MS 11:15 Ladies Luxury—ADP 11:15 Word Game—ADP 11:15 Bell Choir—VCK 2:00 Super Bowl Party—MS 2:00 Table Top Football—ADP	2 Groundhog Day 10:30 Shopping in the General Store—MS 11:15 Singalong—MS 11:15 Tabletop Activities—MS 2:00 Puzzlemania & More—MS 2:00 Healthy Habits—MS 2:00 Relaxation—VLR
		3 Chinese New Year 10:00 Worship Service—WCCRL 10:30 Breathe, Stretch & Move—MS 11:15 Musical Mix-Up—MS 11:15 Independent Activities—MS 2:00 Whiteboard Games—MS 2:00 Relaxation—VLR	4 11:15 Best of Sports Singalong—MS 11:15 Current News—VL 11:15 Baseball Bingo—ADP 2:00 Music Tic Tac Toe—MS 2:00 Best of the Super Bowl Ads—VLR CF 2:00 Spotlight on Norman Rockwell - ADP		5 11:15 Crossword Puzzle—ADP 11:15 Decorating Chinese Lanterns—ADP 11:15 Kitchen Time: Almond Cookies—S 11:15 All Around the World Singalong - MS 2:00 All About the Chinese New Year: Parades, Zodiacs, and Chinese American Celebrities—MS 2:00 Travel to China—ADP 2:00 Rosary—VLR1 4:00 Dance Movement Therapy with Jenny	6 11:15 Worship Service—MS 11:15 Melodies and Memories—VLR 11:15 Word Game—ADP 2:00 Babe Ruth and Sports Heroes—VLR 2:00 Horticulture Therapy - ADP 2:00 Tee Ball—MS 2:00 Baseball Bingo—ADP
10 10:00 Worship Service—WCCRL 10:30 Breathe, Stretch & Move—MS 11:15 Musical Mix-Up—MS 11:15 Independent Activities—MS 2:00 Community Kids Project - MS 2:00 Relaxation—VLR	11 10:30 Dancercise with June—MS 11:15 Name That "Heart" Tune—MS 11:15 Valentine's Day Jingo—ADP 11:15 Current News—VLR 2:00 Spanish Love Songs: Canciones de Corazon—ADP 2:00 Seated Soccer—MS 4:00 WCC Lecture: Touring the Amazon Jungle With Skip Hobbs - WCC	12 11:15 Crossword Puzzle—ADP 11:15 Singalong—MS 11:15 Kitchen Time—S 1:30 Out Trip: Tea at Grace Farms 2:00 Songs of Our Founding Fathers—MS 2:00 Rosary—VLR 2:00 Presidential Bloopers—ADP 4:00 Dance Movement Therapy with Jenny	13 11:15 Worship Service—MS 11:15 Most Famous Couples—VLR 11:15 Word Game—ADP 2:00 Broadway Love Songs—MS 2:00 Romance in Film and Literature—VLR 2:00 Spanish Heart Throbs—ADP 2:00 Hobby Shop—ADP	14 Valentine's Day 10:15 Village Resident Council—VLR 11:15 Music with Bonnie—MS 11:15 Crossword Puzzle—ADP 11:15 Music Exploration—VLR 2:00 Valentine's Day Party with Music by John Vilasi and Ron—MS 2:00 Celebrity Lovers—ADP	15 11:15 Music with Chris Coogan—MS 11:15 Ladies Luxury—ADP 11:15 Word Game—ADP 11:15 Bell Choir—VLR 2:00 Bowling—MS 2:00 Bilingual Bingo—ADP 2:00 Celebrating Shabbat—ADP	16 11:15 Singalong—MS 11:15 Independent Activities—ADP 2:00 Puzzlemania & More—ADP 2:00 Valentine's Day Music Scattergories—MS 2:00 Relaxation—VLR
17 10:00 Worship Service—WCCRL 10:30 Breathe, Stretch & Move—MS 11:15 Musical Mix-Up—MS 11:15 Independent Activities—MS 2:00 Google That President—MS 2:00 Relaxation—VLR	18 President's Day 11:15 Piano Music with Bonnie—MS 11:15 Table Top Activities—MS 2:00 President's Day Fun, Games & Music—MS 2:00 Independent Games—MS 2:00 Relaxation—MS ADP Closed	19 11:15 Patriotic Singalong—MS 11:15 Kitchen Time—S 11:15 Crossword Puzzle—ADP 2:00 Black History Music Timeline: From Drumming to Spirituals to R&B to Pop: How We Got There—MS 2:00 Black History: The Obamas—VLR 2:00 Rosary—VLR 4:00 Dance Movement Therapy with Jenny	20 11:15 Worship Service—MS 11:15 Nature Exploration—Birds—VLR 11:15 Word Game—ADP 11:15 Lunch In Trip 2:00 Black History Music Performance by The Sedgewick Duo - MS 2:00 Room Visits—VLR 2:00 Dominoes—ADP	21 11:15 Music with Mark—MS 11:15 Crossword Puzzle—ADP 2:00 Music Performance by Nice and Easy—MS 2:00 Presidential Jingo—ADP 2:00 Room Visits—VLR 2:00 Hobby Shop—VLR	22 11:15 Music with Tracey—MS 11:15 Ladies Luxury—ADP 11:15 Word Game—ADP 11:15 Circle of Life—VLR 11:15 Lunch Out Trip 2:00 Relay Races—MS 2:00 Sensory Circle—ADP	23 11:15 Singalong—MS 11:15 Independent Activities—ADP 2:00 Puzzlemania & More—MS 2:00 Parachute Games—MS 2:00 Relaxation—VLR
24 10:00 Worship Service—WCCRL 10:30 Breathe, Stretch & Move—MS 11:15 Musical Mix-Up—MS 11:15 Independent Activities—MS 2:00 Hangman and Word Games—MS 2:00 Relaxation—VLR	25 11:15 February Born Celebrities—VLR 11:15 February Music Makers—MS 11:15 February Bingo—ADP 2:00 Honoring Black History in America—MS 2:00 Nature Explorations—ADP	26 11:15 Singalong—MS 11:15 Crossword Puzzle—ADP 11:15 Kitchen Time—S 2:00 Spotlight on Female African American Jazz Artists—MS 2:00 Rosary—VLR1 2:00 Getting to Know You—ADP 4:00 Dance Movement Therapy with Jenny	27 11:15 Worship Service—MS 11:15 Crossword Puzzle—ADP 11:15 Famous Villains and Traitors - VLR 2:00 February Birthday Party with Music by Deuces Wild—MS 2:00 Sensory Circle—ADP	28 11:15 Music with Mark—MS 11:15 Crossword Puzzle—ADP 11:15 Leap Year and Popular Superstitions—VL 2:00 Academy Awards Red Carpet Party - MS 2:00 Backstage VIP Pampering—ADP	3:30 Programs: Music Therapy: Monday iPad Explorations: Tuesday & Thursday Creative Expression: Wednesday & Friday Potpourri: Saturday & Sunday	
						