

MONDAY, FEBRUARY 18TH

**The
Adult Day
Program**

IS



TUESDAY, FEBRUARY 19TH

**10:15 A.M.
MORNING GREETING
(MAIN STREET)**

**10:30 A.M.
TAI CHI
(MAIN STREET)**

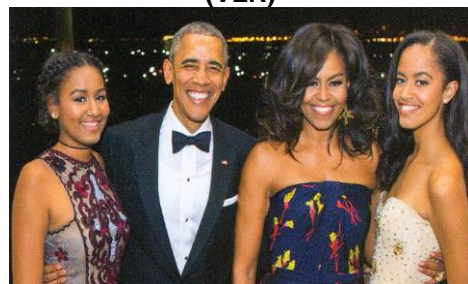


- 11:15 A.M.**
1. PATRIOTIC SINGALONG (MAIN ST)
 2. CROSSWORD PUZZLE (ADP)
 3. KITCHEN TIME (SCOOPS)

**12:15
HALF TIME FUN**

**12:45
GOURMET LUNCH**

- 2:00 P.M.**
1. BLACK HISTORY MUSIC TIMELINE: FROM DRUMS TO TO SPIRITUALS TO R & B TO POP – HOW WE GOT THERE (MAIN STREET)
 2. ROSARY (VLR1)
 3. BLACK HISTORY: THE OBAMAS (VLR)



**3:00 P.M.
TIME TO GO HOME**

WEDNESDAY, FEBRUARY 20TH

**10:15 A.M.
MORNING GREETING
(MAIN STREET)**

**10:30 A.M.
EXERCISE
(MAIN STREET)**

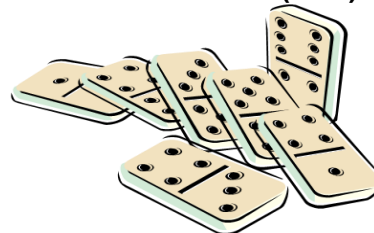
- 11:15 A.M.**
1. WORSHIP SERVICE: ST. MARK'S EPISCOPAL CHURCH (M.S)
 2. NATURE EXPLORATION: BIRDS (VLR)
 3. WORD GAME (ADP)
 4. LUNCH IN TRIP



**12:15 P.M.
HALF TIME FUN**

**12:45 P.M.
GOURMET LUNCH**

- 2:00 P.M.**
1. BLACK HISTORY MUSIC PERFORMANCE WITH THE SEDGEWICK DUO (MAIN ST)
 2. DOMINOES WITH JEB (ADP)



**3:00 P.M.
TIME TO GO HOME**

THURSDAY, FEBRUARY 21ST

**10:15 A.M.
MORNING PIANO GREETING
(MAIN STREET)**



**10:30 A.M.
EXERCISE
(MAIN STREET)**

- 11:15 A.M.**
1. MUSIC WITH MARK (MAIN ST)
 2. CROSSWORD PUZZLE (ADP)

**12:15 P.M.
HALF TIME MUSICAL FUN**

**12:45 P.M.
GOURMET LUNCH**

- 2:00 P.M.**
1. MUSIC PERFORMANCE BY THE NICE & EASY BAND (MAIN ST)
 2. HOBBY SHOP (ADP)



**3:00 P.M.
TIME TO GO HOME**

FRIDAY, FEBRUARY 22ND

**10:15 A.M.
MORNING GREETING
(MAIN STREET)**

**10:30 A.M.
EXERCISE
(MAIN STREET)**

- 11:15 A.M.**
1. MUSIC WITH TRACEY (MAIN ST)
 2. LADIES LUXURY (ADP)
 3. WORD GAME (ADP)
 4. CIRCLE OF LIFE (VLR)



**12:15 P.M.
HALF TIME FUN**

**12:45 P.M.
GOURMET LUNCH**

- 2:00 P.M.**
1. RELAY RACES (MAIN ST)
 2. SENSORY CIRCLE (ADP)



**3:00 P.M.
TIME TO GO HOME**